



H-Beam Rod Installation Instructions

Clean and inspect the rods carefully

To separate the rod, install the bolts approx 3 full threads and hold the small rod half while you knock LIGHTLY on the rod bolts with a plastic hammer

These rods are machined down to the lowest small end tolerance, so it is always needed to check pin fit. This should be done by a good machine shop

It is highly recommended to measure the bolt stretch instead of just using a torque wrench.

These rods come with ARP 2000 5/16 bolts

Stretch values on the bolts are:
0.0055-0.0060 inches
0.14-0.15mm

Recommended Torque values are:
32 ft-lbs with ARP lube
43NM with ARP lube